



Your treatment **DISCUSSION GUIDE**



It's important to know that your VMS (Vasomotor Symptoms)—the medical name for hot flashes and night sweats—due to menopause are real and valid. To help make the most of your upcoming doctor's appointment, use your responses below to guide your conversation.

VMS Impact

QUIZ QUESTIONS

1. How many hot flashes and night sweats do you experience in a 24-hour period?

0 per day	1–5 per day	6–10 per day	10+ per day
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2. I sweat when I'm having a hot flash.

Never	Rarely	Often	Always
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3. My hot flashes make it difficult to continue my daily activities.

Never	Rarely	Often	Always
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4. Hot flashes and night sweats impact my sleep.

Never	Rarely	Often	Always
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What is VEOZAH™ (fezolinetant)?

VEOZAH is a prescription medicine used to reduce moderate to severe vasomotor symptoms due to menopause. VEOZAH is not a hormone. Vasomotor symptoms are the feelings of warmth in the face, neck, and chest, or sudden intense feelings of heat and sweating ("hot flashes" or "hot flushes").

IMPORTANT SAFETY INFORMATION

Do not use VEOZAH if you:

- have cirrhosis.
- have severe kidney problems or kidney failure.
- are taking certain medicines called CYP1A2 inhibitors. Ask your healthcare provider if you are not sure.

Please see additional Important Safety Information on page 3.



Questions to ask your doctor about hot flashes and night sweats:

- ✓ How long could I expect to experience symptoms?
- ✓ Are there any triggers that may worsen my symptoms?
- ✓ What are my prescription treatment options?

Did you know?

HOT FLASHES ARE CATEGORIZED BY SEVERITY—MILD, MODERATE, AND SEVERE.





VMS Impact

QUIZ QUESTIONS

5. My hot flashes impact my confidence.

Never	Rarely	Often	Always
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6. My hot flashes impact my mood.

Never	Rarely	Often	Always
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7. My hot flashes impact my ability to work.

Never	Rarely	Often	Always
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8. My hot flashes impact my social and leisure activities.

Never	Rarely	Often	Always
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Did you know?

**NEARLY HALF OF WOMEN
GOING THROUGH
MENOPAUSE MAY
EXPERIENCE MODERATE TO
SEVERE HOT FLASHES**

Questions about treatment:

- How does VEOZAH work?
- How do I take VEOZAH?
- Is VEOZAH right for me?

Questions about results:

- What should I expect with VEOZAH?
- How quickly do patients see results with VEOZAH?
- Can VEOZAH help improve my VMS?

Any other questions?

IMPORTANT SAFETY INFORMATION (continued)

Before you use VEOZAH, tell your healthcare provider about all of your medical conditions, including if you:

- have liver disease or problems.
- have kidney problems.
- have any medical conditions that may become worse while you are using VEOZAH.

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- have liver disease or problems.
- have kidney problems.
- have any medical conditions that may become worse while you are using VEOZAH.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. VEOZAH may affect the way other medicines work, and other medicines may affect how VEOZAH works.

What are the possible side effects of VEOZAH?

VEOZAH can cause serious side effects, including:

- **increased liver blood test values.** Your healthcare provider will do a blood test to check your liver before you start taking VEOZAH. Your healthcare provider will also do this blood test at month 3, month 6, and month 9 after you start taking VEOZAH.

Call your healthcare provider right away if you have the following signs and symptoms of liver problems:

- nausea
- vomiting
- yellowing of the eyes or skin (jaundice)
- pain in the right upper stomach (abdomen)

The most common side effects of VEOZAH include:

- stomach (abdominal) pain
- diarrhea
- difficulty sleeping (insomnia)
- back pain
- hot flashes or hot flushes

These are not all the possible side effects of VEOZAH. Tell your healthcare provider if you have any side effect that bothers you or does not go away.

Call your healthcare provider for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

For more information, talk to your healthcare provider and see [Patient Product Information for VEOZAH \(fezolinetant\)](#).

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